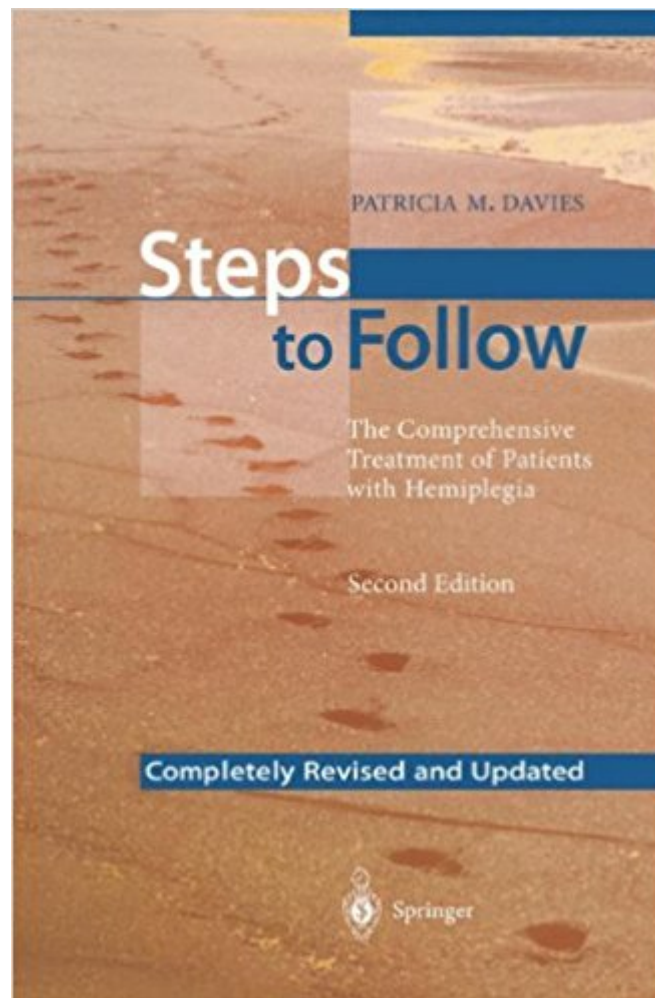




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# Steps To Follow: The Comprehensive Treatment Of Patients With Hemiplegia



## Synopsis

This new edition of a best-selling guide incorporates significant advances in the early and later rehabilitation of neurologically impaired patients. Based on the Bobath concept, Davies' approach to rehabilitation stresses the need to equip the patient for a full life, rather than setting arbitrary goals for functioning in a sheltered environment. Activities are described for correcting abnormal movement patterns and facial difficulties. Ways to regain walking, balance and other normal movement sequences are explained and demonstrated with 750 photographs of patients being treated.

## Book Information

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## Customer Reviews

In the 15 years since publication of the first edition, Steps to Follow has gained a worldwide reputation among professionals as a unique practical guide to the treatment of neurologically impaired patients. This second, completely updated edition incorporates significant practical advances in early and later neurorehabilitation and in the understanding of the problems confronting both patients and those who work with them. The relevant therapeutic activities to improve functional ability and quality of life following a stroke are described in detail with the help of 750 photos showing patients in action during treatment: - Practical ways in which patients can be helped to interact more normally with their environment and so regain their independence, in spite of the perceptual disorders often associated with hemiplegia - More detailed explanation of hand function and more in-depth analysis of normal walking - Revised chapters on the various therapeutic

activities, including new means of stimulating selective movements in order to counteract increases in muscle tone - Deeper understanding of abdominal muscle activity, which is relevant to retraining balance reactions and sitting and standing - A new chapter demonstrating how David Butlers concept of the mobilisation of neural structures throughout the body can be of inestimable value - Examples of ways in which therapists, nurses and relatives can help very severely disabled patients to avoid the development of secondary complications or overcome existing difficulties - Ways in which the patient can maintain mobility and continue to make progress even after cessation of treatment, by exercising at home and participating in sporting and other leisure activities.

I work in an out patient rehab department and purchased this book several months ago. It is a great resource for OT's and PT's working with stroke patients. This guide will help you to evaluate movement patterns in your patients and give you lots of treatment ideas. I have read it several times already and I get more out of it each time. It has really helped me to get better results with my patients.

I got this book to help me understand how to help my child who suffered a brain injury with resulting hemaplegia. This book and Davies' other book, Starting Again, have provided much needed information - which I couldn't get from therapists and other health care professionals. The American attitude of health care professionals, with regards to severely brain damaged people, in my experience, has been quick to write them off. Davies' books have helped me not only become a better advocate for my child with the doctors, but also with hands on working with my child to recover. One year post injury, my child was able to speak again and has been able to eat. Two years post injury, he began moving his arm again. I've been using these two manuals to educate myself in order to correct the physical weakness and neglect my child has suffered from being in a system and an area where people like him aren't given much support. I believe that If the American system would adopt these techniques (rather than turning to palliative care as the first resort), from various cultures around the world, our brain injured citizens would have a better chance at functional recovery.

This book is extremely outdated, last updated in 2000. Not as advertised. I am returning it.

Good practical book about stroke. Helpful during everyday work. Unfortunately pictures on every second page have no good quality. Other things are ok.

the book and its content is a little bit outdated. however it has good basics steps for stroke rehabilitation. Good resource for the money>

great read

Goody booky

A simple but comprehensive approach to stroke rehab. Well illustrated and very helpful with my occupation. A must have book!

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